**Summer Tomato Pasta Prima Vera**

**Produce**

garlic (if needed)

sweet onion (if needed)

fresh basil leaves

red or green leaf lettuce (if needed)

cucumber (if needed)

green pepper (if needed)

1 small 6 inch zucchini

1 small 6 inch yellow summer squash or a cayote summer squash

6 medium Crimini mushrooms

2 new carrots

3 slicing tomatoes

cherry tomatoes (if needed)

**Canned/Dried Food**

8 oz. whole-wheat or quinoa spaghetti

**Frozen Foods**

**Meat/Fish/Poultry**

**Chilled Foods/Dairy**

shredded Parmesan (if needed)

Field Roast Apple Sausage